



# 2024 Waka Ama Long Distance Nationals

GISBORNE – Thursday 3rd – Sunday 6th October 2024

Pānui 1 - May 1st 2024



*Ko Tūranga-a-Mua  
Ko Tūranga-Ararau  
Ko Tūranga Makaurau  
Ko Tūranga Tangata-rite*

*Tihei mauri ora!*

*Kei ngā mangainga, kei ngā ihoiho maunga o tēnā iwi, o tēnā hapū, o tēnā karapu puta noa i te motu nei rā te auraki whakamānawa ki a koutou katoa. Nau mai ki Te Oneroa, ki te taunga waka o Horouta, o Takitimu, o Te Ikaroa-a-Rauru.*

*Ko Tūranganui-a-Rua, ko Tūranganui-a-Maru, ko Tūranganui-a-Kiwa e!*

## 2024 LONG DISTANCE NATIONALS

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Te Urunga o Te Rā in association with Waka Ama New Zealand (WANZ), are proud to host the 2024 Waka Ama Long Distance Nationals (LDNs) to be held in Gisborne, at Oneroa (Midway Beach).

## 2024 LDN PŌWHIRI

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The pōwhiri will take place on **Thursday 3rd October (Morning)** Venue & Time TBA. Closer to the time we will send out a survey link for clubs to let us know how many paddlers/supporters/whānau will be attending the pōwhiri for catering purposes.

## IMPORTANT DATES

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|-------------------------|---|
| • 1 May 2024            | Pānui 1 online  |
| • 16 July 2024          | Entries Open  |
| • 5 Sept 2024           | Entries close   |
| • 17 Sept 2024          | Roster closes   |
| • 18 Sept 2024          | Once the roster is completed - clubs will be invoiced |
| • Thursday Oct 3rd 2024 | LDN Pōwhiri - morning (Venue TBA)                     |
| • Thursday Oct 3rd 2024 | Race 1 and 2  |
| • Friday Oct 4th 2024   | Race 3 & 4  |
| • Saturday Oct 5th 2024 | Race 5 and 6  |
| • Sunday Oct 6th 2024   | Back Up Race Day (If needed)                          |

## BACK-UP RACE DAY

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If the weather or sea conditions make it unsafe to paddle any one of the allocated races then Sunday October 6th, is the back-up race day. Paddlers are advised to make plans to be available that day.

## ENTRY FEES

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The fees for all entries received prior to September 5th are:

Grade	W6	W1 Rudderless/W1 Rudderred/W2	Combination
Seniors	\$60 each	\$60 each	\$90 each
Juniors	\$40 each	\$40 each	\$60 each

### NOTE:

- If a senior paddler is entered for one club in both the W6 and W1 Rudderless/W1 Rudderred races the entry fee payable is \$90.00.
- If a Junior paddler is entered for one club in both the W6 and W1 Rudderless/W1 Rudderred races, the entry fee payable is \$60.00.
- Entry into a third event (under the same club) would cost a further \$30.00 for seniors and \$20.00 for Juniors ie: W6 + W1+W2 = \$120.00/Senior or \$80/Junior.

## PENALTIES

Any late additions/changes/withdrawals made after September 5th 2024 a \$20 per paddler late fee will apply e.g. division changes, paddler swap, additions.

**Any club that withdraws teams after being invoiced will still be charged the full entry fee.**

All team entries are to be entered via the Waka Ama New Zealand website through your Club Coordinator.

## REFUND POLICY

- No refunds will be given for any withdrawals after September 6th when the roster is closed
- No refund will be given if the event is cancelled due to a natural disaster or extreme weather should the event be cancelled after October 1st, 2024.

## RACE DISTANCES AND COURSES

The racecourse will be set closer to the event based on the weather and ocean conditions to provide all paddlers with an enjoyable, challenging, and safe experience. Course maps for all alternate courses will be available in the next pānui.

Waka	Distance	Divisions	Categories
W6:	23-25km	Open, Master and Senior Master	Men, Women & Mixed
	10-16km	Gld Master, Master 70, J19	Men, Women & Mixed
	8-10km	J16, M75 & M80	Men, Women & Mixed
	8-10km	Adaptive	Mixed
	8-10km	Short course*	Men, Women and Mixed*
W1 Ruddered/ Rudderless	10-16km	Seniors (Open, Master, Snr Master)	Men & Women
W1	8-10km	J16, J19, Gld Master, M70, M75 & M80	Men & Women
	8-10km	Adaptive	Men & Women
W2/W3:	10-16km	Seniors (Open, Master, Snr Master)	Men, Women & Mixed
	8-10km	J16, J19, Gld Master, M70, M75 & M80	Men, Women & Mixed
W2	8-10km	Adaptive	Men, Women & Mixed

J16 & Short Course races will take place at this event and the courses for those will be within the harbour.

\*Not a medal category

## COMPETITORS' ABILITY

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We are providing opportunities for experienced and capable crews and individuals in age categories from J16 and above. The term “experienced” means that teams and individuals have experience in sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

The short course race will provide an opportunity to those paddlers who are experienced but are unable to complete the senior distance – the short course events will not be eligible for medals. J16 and Short Course events will be held within the Harbour.

## VERIFICATIONS

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Please ensure all paddlers entered are verified and affiliated, to add their names to the club roster prior to the deadlines.

## RACE DIVISIONS

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All age groups are outlined in the Waka Ama New Zealand Race Rules, rule 50.2. Note: J16 minimum age is 11 and J19 Competitors must be a minimum age of 16 in the year of competition.

DIVISION	Minimum (Age as of 31 December 2024)	Maximum (Age as of 31 December 2024)
Junior 16	11	16
Junior 19	16	19
U23	16	23
Open	16	None
Masters	40	None
Senior Masters	50	None
Golden Masters	60	None
Master 70	70	None
Master 75	75	None
Master 80	80	None

- All New Zealand entrants must be from clubs affiliated with Waka Ama New Zealand.
- All paddlers must be verified to enter.
- Entrants from overseas clubs are welcome to register for this event but will not be eligible for medals.
- The adaptive teams must comprise a minimum of 3 adaptive paddlers. The 3 other seats can be filled by adaptive or non-adaptive paddlers
- Mixed W6 Crews in mixed races are to be of mixed gender. The majority (at least 50%) of paddlers must be female
- Mixed W2 teams must be made up of 1 man and 1 woman
- Mixed W3 teams must have at least 1 woman
- International entries are permitted but not eligible for medals

## RACE RULES

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All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information - <https://www.wakaama.co.nz/pages/read/1005147>.

## WAKA HIRE

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W6 Waka Hire - We encourage teams to bring their waka to the LDNs however we understand that is not as easy for everyone. Please contact the clubs directly in Te Urunga o Te Ra if you want to hire a waka, or liaise with other clubs in your region who might be towing canoes east. V1, OC1, OC2 Hire - please contact clubs directly in Te Urunga o Te Ra if you want to hire a single or double waka.

Waka Ama NZ will prepare a Waka Hire List that shows who is hiring out Waka for which event.

For those who have Waka to hire please email [events@wakaama.co.nz](mailto:events@wakaama.co.nz)

For those wishing to hire Waka please email [events@wakaama.co.nz](mailto:events@wakaama.co.nz)

Waka Ama NZ will endeavour to connect you up via email for W6 Waka hire, however, it is up to you to arrange and confirm hire bookings

## ACCOMMODATION

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Tairāwhiti and the surrounding area provide multiple accommodation options either in Gisborne itself or within a 30-40 mins drive from the venue.

Click here for some options <https://www.tairawhitigisborne.co.nz/accommodation/>

## TRAVEL

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Here is a Google Map link to Oneroa (Midway Beach), Gisborne:

<https://www.google.com/maps/@-38.6705243,178.0040229,17z?entry=ttu>

Travel – Air New Zealand operates daily non-stop flights to Tairāwhiti from Auckland and Wellington - and from Napier - with connections across the New Zealand domestic network. For details of other flight services available at Gisborne Airport, click here <https://gisborneairport.nz/flights/airfield-users-information/>

## VENDORS

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Vendor information will be available shortly, if you have any questions please contact [events@wakaama.co.nz](mailto:events@wakaama.co.nz)

## KAIMAHI - VOLUNTEERS

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Volunteer information will be shared shortly, in the meantime if you have any questions or are keen to volunteer for this event please contact [events@wakaama.co.nz](mailto:events@wakaama.co.nz)

**RACE PROGRAMME**
**Thursday, October 3rd**

Morning	Pōwhiri - venue TBC
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**Race 1**

<b>WOMEN - Open, Master, Snr Master</b>	W1 Ruddered	16km
<b>WOMEN - J19, Gld Master, Master 70, M75, M80</b>	W1 Ruddered	10km
<b>MEN - Open, Master, Snr Master</b>	W1 Rudderless	16km
<b>MEN - J19, Gld Master, Master 70, M75, M80</b>	W1 Rudderless	10km
<b>WOMEN - Open, Master, Snr Master</b>	W2/W3	16km
<b>WOMEN - J19, Gld Master, Master 70, M75, M80</b>	W2/W3	10km
<b>MIXED - Open, Master, Snr Master</b>	W2/W3	16km
<b>MIXED - J19, Gld Master, Master 70</b>	W2/W3	10km

**Race 2**

<b>WOMEN - Open, Master, Snr Master</b>	W1 Rudderless	16km
<b>WOMEN - J19, Gld Master, Master 70, M75, M80</b>	W1 Rudderless	10km
<b>MEN - Open, Master, Snr Master</b>	W1 Ruddered	16km
<b>MEN - J19, Gld Master, Master 70, M75, M80</b>	W1 Ruddered	10km
<b>MEN - Open, Master, Snr Master</b>	W2/W3	16km
<b>MEN - J19, Gld Master, Master 70, M75, M80</b>	W2/W3	10km

**PRIZEGIVING DAY 1\***

\*Some Prize-givings may be held throughout the day.

**Friday October 4th**
**Race 3**

<b>SHORT COURSE - J16, M75, M80 - Men, Women, Mixed</b>	W6	10km
<b>SHORT COURSE** - Open - Men, Women, and Mixed</b>	W6	10km
<b>ADAPTIVE - Mixed</b>	W6	10km

\*\*Not a medal category

Race 4		
WOMEN - Open, Master, Snr Master	W6	24km
WOMEN - J19, Gld Master, Master 70	W6	16km
J16 Women	W1 Rudderless	10km
J16 Men	W1 Rudded	10km
ADAPTIVE - Women	W1	10km
J16 Men	W2/W3	10km
ADAPTIVE - Men	W2/W3	10km

#### PRIZEGIVING DAY 2\*

\*Some Prize-givings may be held throughout the day

### Saturday October 5th

Race 5		
MIXED - Open, Master, Snr Master	W6	24km
MIXED - J19, Gld Master, Master 70	W6	16km
J16 Women	W1 Rudded	10km
J16 Men	W1 Rudderless	10km
ADAPTIVE - Men	W1	10km
J16 Women & Mixed	W2/W3	10km
ADAPTIVE - Women & Mixed	W2/W3	10km

Race 6		
MEN - Open, Master, Snr Master	W6	24km
MEN - J19, Gld Master, Master 70	W6	16km

#### PRIZEGIVING DAY 3\*

\*Some Prize-givings may be held throughout the day.

#### QUESTIONS AND ENQUIRIES

For any further information please go to [www.wakaama.co.nz](http://www.wakaama.co.nz) or contact us on [events@wakaama.co.nz](mailto:events@wakaama.co.nz)

On behalf of Waka Ama NZ and our hosts; TUOTR and the collective of Tūrangānui-a-Kiwa clubs we look forward to hosting you all in Gisborne for LDN 2024.

Or for more information check out the event's Facebook page here:

<https://www.facebook.com/wakaamaLDN/>